

Who are Specialist Community Advisors (SCAs)?

SCAs are a team of qualified professionals who are all experienced in working within child and adolescent mental health. We are from a range of professional backgrounds and are all registered under professional bodies. We all have an Enhanced DBS check.

What are the aims of the service?

We aim to offer a place-based service to develop a 'prevention and promotion' approach for those working with children, young people and families in primary care, social care, voluntary and community sector, and education.

Our aims are to enable and empower you to develop skills and confidence in helping young people manage and improve their own mental health, and helping you identify and offer effective initial support.

THRIVE model informs the aims of our service
[:https://www.annafreud.org/media/2552/thrive-booklet_march-15.pdf](https://www.annafreud.org/media/2552/thrive-booklet_march-15.pdf)



What do we offer?

Consultation: This is offered to individual professionals or groups, via telephone, face-to-face or virtual platforms. Consultation assists with the identification of mental health needs in partnership with you. Together we consider appropriate and evidence-based ways to advise and signpost you in meeting these needs. Consultation is for advanced level Early Help Practitioners.

Training:

A rolling programme offers mental health awareness training and follow-on topics to increase understanding of specific child and adolescent mental health difficulties. This is open to all who work with children and young people. We also offer training to parents and carers.

Liaison:

Multi-professional meetings and networking for working collaboratively.

Strategic planning:

Proactively responding to local need, engaging in joint planning to develop protocols and mental health strategies.

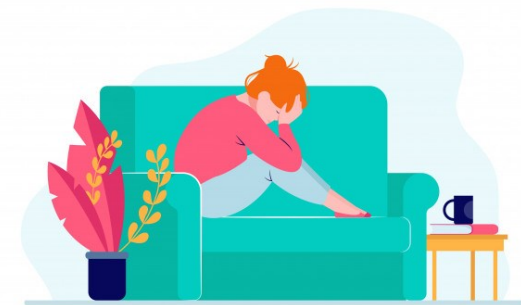
Influencing 'whole school approach' to mental health prevention and early help in education, for students and staff.

Groups and workshops:

We offer a 'role-model' function to you in developing and initially co-facilitating groups and workshops on topics such as anxiety, exam resilience and self-harm.

Self-care is considered throughout all the

services we offer as an integral part of early intervention for all our wellbeing.



Who can access the SCA team?

Any person working with children and young people, including:

- Education staff
- School nurses
- MAT
- Social care
- Foster carer
- GPs
- Police and criminal justice staff
- Voluntary and community sector
- Community paediatricians
- Pro-social activity staff

The child/young person must be registered with a Derbyshire/Derby City GP. For each child, young person and their family that you wish to discuss with us we request that you have shared with them your concerns, and that you're sharing information with us to best help alleviate the presenting needs.

Please make the child and family aware that you will be contacting us.

As part of our offer for consultation we require a 'consultation contract' to be in place.

Please contact the member of the SCA team for your area (see back page).

Contact us

Erewash North & South Angela Jordan	07787 274992 angela.jordan6@nhs.net
Southern Derbyshire & South Dales Samantha Hickling	07919457139 samantha.hickling1@nhs.net
Amber Valley Jessica Berry	07768774233 Jessica.berry@nhs.net
Derby City locality 1&5 Sonia Simpson-Brown	07833 927241 Sonia.simpson-brown@nhs.net
City locality 2 Miriam Krepa, Acting Clinical Lead	07717 538764 Miriam.krepa@nhs.net
City locality 3&4	

If you would like this information in a different language or format, including Easy Read or BSL, please contact dhcft.communications@nhs.net

Ak by ste chceli tieto informácie v inom jazyku alebo vo formáte, kontaktujte spoločnosť dhcft.communications@nhs.net

如果您想要將本信息用其他語言或格式顯示，請聯繫 dhcft.communications@nhs.net

Si vous souhaitez recevoir ces informations en une autre langue ou un autre format, veuillez contacter dhcft.communications@nhs.net

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Pokud budete chtít tyto informace v jiném jazyce nebo ve formátu, kontaktujte [dhcft. communications@nhs.net](mailto:dhcft.communications@nhs.net)

Jeżeli chcieliby Państwo otrzymać kopię niniejszych informacji w innej wersji językowej lub w alternatywnym formacie, prosimy o kontakt z dhcft.communications@nhs.net

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵੱਲੋਂ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਸੰਪਰਕ ਕਰੋ dhcft. communications@nhs.net

اگر آپ کو یہ معلومات کسی مختلف زبان یا وضع میں مطلوب ہو تو براہ مہربانی رابطہ کریں dhcft.communications@nhs.net



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